

# Tips for teams

Thank you for hosting a team in this year's Walk for Premis and showing your support for **Life's Little Treasures Foundation**. Being part of a team for an event is motivating and a lot more fun. It can also be a great way to combine your fundraising efforts. Below are some tips to help your team stay organised and motivated as you count down the weeks to the Walk for Premis event.



## Tips for organising a team

- Once you have **registered** your Walk for Premis team, it is a good idea to plan the most suitable fundraising goal and approaches together with team members.
- Use email and social media to share your **team's fundraising page** to your family, friends and colleagues. You may like to include a brief note to let people know why your team has chosen to raise funds and participate in Walk for Premis. Providing a **direct link** is a great way to not only collect sponsors for your team, but also to encourage others to join your team.
- If your team members are online, you may like to create a Facebook group or event page to **share news and fundraising tallies**.
- **Setting challenges** for team members to see who can raise the most in a specific period, is also a good motivational activity.
- Encourage team members to raise \$600 and become a Walk for Premis Warrior; all warriors receive a limited edition t-shirt.
- If you are a parent of a prem baby, or yourself were born premature or sick, **sharing your personal story** encourages others to join with you while also raising awareness of Life's Little Treasures Foundation. We would also love to hear your stories either via social media using the **#walkforprems2018** tag or if you are not online, email them to us at [walk@lifeslittletreasures.org.au](mailto:walk@lifeslittletreasures.org.au).

**The most important tip though, is to remember to THANK every person who sponsors or donates to you. By helping you fundraise they in turn are helping support more families with premature or sick babies across Australia.**

To help stay up to date with the Walk for Premis news make sure to follow and interact with the Walk for Premis Facebook and Instagram accounts.

© Life's Little Treasures Foundation 2018



life's little treasures  
foundation  
1300-697 736 • [www.lifeslittletreasures.org.au](http://www.lifeslittletreasures.org.au)



[facebook.com/walkforprems](https://facebook.com/walkforprems)



[@walkforprems](https://www.instagram.com/walkforprems)